

# BUILD YOUR OWN BUG OUT BAG

## CHECKLIST PART 1

[Start building your bug out bag(s) using the links below!]

### Bug Out Bag (1 per adult, min.)

- [Your BOB of Choice](#)

### Water & Hydration

- [Drinking Water](#) (3 Liters)
- [Collapsible Water Bottle](#)
- [Hard Water Bottle](#)
- [Metal Water Bottle / Canteen](#)
- [Water Filter / Purification System](#)
- [Water Purification Tablets \(Qty 3\)](#)

### Food & Food Preparation

- Protein / Energy Bars (Qty 6)
- MREs / Dehydrated Meals (Qty 3)
- [Spork](#)
- [P-51 Can Opener](#)
- [Metal Cooking Pot](#)
- [Metal Cup](#)
- [Pot Scrubber](#)
- [Portable Stove](#)
- [Stove Fuel](#) (Qty 8 Tablets)

### Clothing

- Lightweight Long Sleeve Shirt
- Pants
- Underwear
- Wool Hiking Socks (Qty 3 pair)
- Medium Weight Fleece

### Clothing continued...

- Hat w/ Flex Brim
- [Work Gloves](#)
- Rain Poncho
- [Shemagh / Head Neck Scarf](#)

### Shelter & Bedding

- [Tarp](#)
- [Hammock](#)
- [Sleeping Bag / Bivvy](#)
- [Ground Pad](#)
- [Wool Blanket](#)

### Fire & Fire Starters

- [Ignition Source](#) (Qty 3 types)
- [Tinder](#) (Qty 3)
- [Waterproof Storage](#)

### First Aid

- [First Aid Kit](#)
- [Insect Repellent](#)
- [Mylar Survival Blanket](#)

### Hygiene

- [Wet Napkins](#)
- Hand Sanitizer
- All-Purpose Camp Soap
- [Small Pack Towel](#)
- Personal Hygiene Needs
- [Travel Toilet Paper](#) (Qty 2)